



2025 Cub Scout Winter Blast Guide

Logistics

Join us for the Southern Shores District Cub Scout Winter Blast 2025!

When: Saturday, January 25, 2025. The event starts with check-in at 8:00 AM with activities beginning promptly at 8:30 AM. The event will end at about 12:00 PM.

Where: American Legion Post 434 - Lower Hall, 9327 S Shepard Ave, Oak Creek, WI 53154.

Cost: \$15.00 per youth. Before 1/11/2025 a discount of \$5.00 will be applied to all youth.

Registration Deadline: 1/22/2025 at 8:00 PM.

Notes:

- Dress appropriately for the weather as some events will be outdoors.
- Each event will be 35 minutes with 10 minutes between sessions for break and transition.
- Events will be run by local Scouting America Troops and Leaders.
- Participants are recommended to bring a day pack with a water bottle.

Agenda

Saturday, 1/25/2025

8:00 – 8:30 AM: Registration and opening instructions

8:30 – 9:05 AM: First event

9:05 – 9:15 AM: Break and transition to next event

9:15 – 9:50 AM: Second event

9:50 – 10:00 AM: Break and transition to next event

10:00 – 10:35 AM: Third event

10:35 – 10:45 AM: Break and transition to next event

10:45 – 11:20 AM: Fourth event

11:20 – 11:30 AM: Break and transition to next event

11:30 AM – 12:05 PM: Fifth event

Adventure Requirements Earned

Rank	Adventure	Requirement #
Lions	Animal Kingdom	2
Lions	I'll do it myself	3
Lions	Lions Honor	5
Lions	Mountain Lion	1, 2, 3
Tiger	My Tiger Jungle	1, 2, 3
Tiger	Tiger Bites	1, 2, 3, 6
Tiger	Tigers in the Wild	1, 2, 3, 4, 6
Wolf	Call of the Wild	1B, 2, 3, 4, 5, 6
Wolf	Paws on the Path	1, 2, 3, 4, 5, 6
Bear	Bear Necessities	1B, 5
Bear	Fur, Feathers, and Ferns	1, 2, 3, 4
Bear	Picnic Basket	2, 3, 5
Webelos	Castaway	2C
Webelos	Cast Iron Chef	1, 2 (partial)
Webelos	First Responder	1, 2, 3, 4, 5 (abdhi)
Webelos	Into the Woods	1, 2, 3, 5, 6, 7
Webelos	Webelos Walkabout	1, 2, 3, 4 (partial), 5
AOL	Outdoorsman	B1 and A4, A5 or B3, B4
AOL	Scouting Adventure	5

By the end, each rank will have earned:

Lion	Mountain Lion
Tiger	My Tiger Jungle, Tigers in the Wild, Tiger Bites
Wolf	Call of the Wild & Paws of the Path
Bear	Fur, Feathers, and Ferns, Picnic Basket
Webelos	First Responder, Webelos Walkabout*, Cast Iron Chef* * Webelos walkabout can be completed with the remaining 2-mile hike. * Cast Iron Chef needs to be completed at home by helping cook dinner.

Scout Skills / Stations

Cooking and Fire Building

Host: Troop XXX; Location: TBD

- Prepare for cooking by explaining the importance of planning, tool selection, sanitation, and cooking safety.
- Make trail mix and hot cocoa.
- Show how to use a camp stove, Dutch oven, box oven, solar oven, open campfire, or charcoal grill.
- Identify three foods that you think would be good choices and three foods that would not be good choices.
- Explain the importance of hand washing before a meal and cleanup after a meal. Then show how you would do each.
- Show that you know the difference between a fruit and a vegetable. Eat one of each.
- Learn the three ways to build a fire
 - Log Cabin, Teepee, Lean-To
- The three things required to start a fire
 - Heat, oxygen, fuel
- The three types of wood
 - Tinder, kindling and fuel

First Aid

Host: Troop XXX; Location: TBD

- Explain what first aid is, tell what you should do after an accident
- Show what to do for hurry cases of first aid:
 - serious bleeding
 - heart attack or sudden cardiac arrest, stopped breathing,
 - stroke
 - poisoning
- Show how to help a choking victim.
- Show how to treat shock.
- Demonstrate how to treat at least five of the following:
 - Cuts and scratches
 - Burns and scalds
 - Blisters on the hand or foot
 - Nosebleed
 - Frostbite

Hiking and Safety Preparation

Host: Crew 77; Location: TBD

- Stretch and warm up your muscles
- The six essentials to take along on a hike
 - First aid kit
 - Whistle
 - Sun protection
 - Trail Food
 - Water

- Flashlight
- The buddy system
 - Have them explain why it's important
- Choose appropriate clothing to wear on a hike
 - For different seasons and different weather
- What to do when you become lost (**STOP**)
 - **Stay put** – It is easier for rescuers to find a stationary person than one who is moving. Find a place which is not hazardous and stay there. Have some water and a snack if possible. Rest.
 - **Think** – Consider what resources you have should the situation extend into overnight. Develop confidence by considering your situation and being prepared.
 - **Observe** – Take note of your surroundings. Is there shelter from the cold or storms? Is it getting dark? Are there hazards in the area?
 - **Plan** – Determine what you can do to conserve energy and be as comfortable as possible. Don't panic. Rely on your knowledge and observations.
- Outdoor Code (explain each)
 - As an American, I will do my best to
 - Be clean in my outdoor manners,
 - Be careful with fire
 - Be considerate in the outdoors, and
 - Be conservation minded
- Leave No Trace Principles
 - Know before you go
 - Choose the Right Path
 - Trash your trash
 - Leave what you find
 - Be careful with fire
 - Respect Wildlife
 - Be kind to other visitors
- Discuss showing respect for wildlife
 - If they don't, animals will either fight back or become extinct
 - Easy ones are dodo, passenger pigeon, woolly mammoth, sabretooth tiger
- Show what to do in a natural disaster
 - Lightning, tornado, flash flood

Knots

Host: Troop XXX; Location: TBD

- Bowline: AOL
- Square Knot: AOL, Wolf
- Two half hitches: AOL, Bear
- Taunt-line hitch: AOL
- Overhand: Wolf, Lion

Nature (Plants and Animals)

Host: Troop XXX; Location: TBD

- Poisonous animals
 - Brown Recluse, Northern Black Widow

- Timber Rattler and Eastern Massasauga
- Poisonous Plants to avoid on a Wisconsin hike
 - Cow and Wild Parsnip, Poison Ivy, Stinging and Wood Nettle
- 4 trees, 4 plants in the area
 - Oaks, Maples, Pines (pictures)
- Count the rings game
- Signs that an animal has been around
 - Partially eaten leaves or flowers
 - Scratches on trees
 - Animal droppings
 - Tracks
- 2 different birds that live in the area
 - Cardinals and Robins (facts about both)
- Extinct animals
 - Pick one and discuss how/why it became extinct and that that means